

BAUCOM & MINA DERM SURGERY, LLC
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THE MEDICAL QUARTERS, SUITE 206
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LIPOSUCTION PRE-OP INSTRUCTIONS

2 weeks before the procedure:

1. Stop taking **ANY** Aspirin, Motrin, Ibuprofen, Aleve, or any other blood thinners. Also discontinue any Vitamin E, Ginko, diet aids or herbal supplements. Tylenol is okay to use.
2. Fill the pain medication prescription and antibiotic if prescribed.
3. Purchase the compression garment(s) that you will need:
Chin area: order one of the special compression garments made for the chin. Most people will need the large or medium size as they tend to run a little small.
Women: for abdomen, hips or thighs: purchase 2 girdles that cover the areas to be treated. Styles with an opening at the crotch are more convenient. Plan to wear a swimsuit or old underwear during the procedure.
Men: for the abdomen: order one of the stretchy waist wraps from our recommended retailer. **Also** buy a Speedo swimsuit or tight lycra compression shorts; one of these is necessary to provide compression and prevent swelling after the surgery. In addition it will make your photos more consistent.
4. Get **ointment** (Aquaphor or Vaseline) and **small bandaids** - these will be used to treat the incision sites after the drainage has stopped.
5. Buy some **REGULAR maxi-pads and paper tape**- the pads are used to prevent fluid leakage onto your clothing. The tape is used to secure the pads. One package of pads and one roll of tape should do.

Arrange for transportation home from the procedure- you **will NOT** be allowed to drive home. A taxi is okay, but we will need to let security know if you plan to leave your car in the parking lot overnight.

The morning of the procedure: Start antibiotics if prescribed. Wear casual, loose clothing and **EAT BEFORE THE PROCEDURE.**

BRING WITH YOU:

- 1. Your compression garment (Girdle, wrap, Speedo, swimsuit etc...)**
- 2. Music-** anything you would enjoy listening to during the procedure.

Cancellation policy: We require 1 week notice if you need to cancel the procedure; otherwise your appointment deposit will be forfeited. Rescheduling the appointment due to an emergency will be handled on a case-by-case basis.

*** IN CASE OF EMERGENCY ***

Call (404) 844-0496 for instructions on contacting Dr. Baucom or Dr. Mina