

BAUCOM & MINA DERM SURGERY, LLC
THE MEDICAL QUARTERS, SUITE 206
5555 PEACHTREE-DUNWOODY RD.
ATLANTA, GA 30342
P (404) 844-0496 F (404) 844-0499

SkinPen® PRE-OP INSTRUCTIONS

What is SkinPen®?

SkinPen® is a non-surgical, cosmetic micro-needling device that creates 'micro' skin punctures to improve the appearance of the skin by inducing the skin's self-repair mechanisms. Benefits include reducing the signs of aging, improving the appearance of scars, as well as rejuvenating aging skin. SkinPen® is safe in all skin types and can be used in various locations including the face, hands and décolleté.

How long does the procedure take?

The procedure typically takes 30 minutes to perform. Most patients arrive early for their appointments to allow for the application of a topical numbing agent, which makes the procedure relatively pain free.

What is the downtime and what side effects should I expect?

Total healing time depends on the individual patient, and areas treated. Most patients have slight redness and swelling for the first 24-48 hours (like a moderate sunburn). Peeling is uncommon. Some patients may experience pinpoint bruising and bleeding.

When will I see results?

Most patients notice healthier looking skin immediately. The skin's repair mechanisms will continue to work for several weeks and final results can take up to 3-6 months.

How many procedures will I need?

The number of treatments needed is variable based on procedure goals and the overall health of your skin. Most patients receive a series of 3 procedures spaced approximately 4 weeks apart. Acne scarring and severe photodamage may require more treatments.

Do I have to use a certain product line with SkinPen®?

We recommend using the SkinFuse® system as it was specifically created for post microneedled skin. A 3-month supply is included with your SkinPen® treatment.

Can I wear make-up immediately following a treatment?

Patients may resume their normal make-up regimen the following day after a treatment.

BEFORE SkinPen®:

- **SUNSCREEN:** plan on using sunscreen daily; there is no point in trying to reverse/reduce sun damage if you are still trying to get tan. Avoid sun exposure/burns 24 hours prior to the procedure.
- **ANTIVIRAL MEDICATION:** Let Drs. Baucom/Mina know if you have a history of cold sores. An anti-viral medication may be prescribed prior to the treatment.
- **Tretinoin:** Discontinue 24 hours prior to the procedure.
- **BLEACHING AGENT:** (Hydro-Q or other brand) will be used in some patients to maintain an even skin tone following the treatment. Patients who are naturally very fair skinned often will be able to skip this.

WHAT TO EXPECT DURING THE TREATMENT:

- **About 20 minutes before the SkinPen® treatment:** we will apply a thin layer of the anesthetic cream as this will reduce the stinging associated with the procedure
- **Before the procedure:** please arrive wearing no makeup or moisturizer, or arrive 10-15 minutes early to thoroughly remove these in the restroom.
- **Pain:** most patients tolerate the procedure well and require no additional pain medication. If post procedure you develop discomfort, Tylenol or Advil/Motrin may be taken.

*** IN CASE OF EMERGENCY ***

Call (404) 844-0496 for instructions on contacting Dr. Baucom or Dr. Mina