

UltraClear Laser Treatment

Post Care Instructions

Immediate Post-Treatment (First few days):

Cleanse Gently:

Use a gentle cleanser like Vashe to wash the treated area. Then apply an ointment like Vaseline or EltaMD Moisture Seal. You can reapply ointment whenever the skin feels dry or tight.

Avoid Irritants:

Refrain from using harsh cleansers, exfoliants, actives or products with alcohol while healing for the first few days.

Swelling:

Ice may be applied liberally to the skin while healing. Anti-inflammatories like ibuprofen can also be helpful.

Heat:

Avoid vigorous exercise or activities that cause sweating for the first few days. Minimize hot showers, saunas, and other heat sources for a few days.

Monitor for Infection:

Watch for signs of infection (increased redness, swelling, pain, pus) and contact our office if you suspect an issue.

Days 3-7 and Beyond:

Transition to gentle cleansers and moisturizers:

Sun Protection:

Once the skin has healed over, apply a broad-spectrum sunscreen with an SPF (30 or higher) and try to avoid direct sun exposure, especially for the first few weeks.

Avoid Exfoliating Products:

Wait at least 1 week if you had a deeper peel to begin using actives like vitamin C and retinoids. Ok to start Plated Calm to help with redness.

Be patient:

Healing takes time, and you may experience some redness, swelling, and peeling as part of the process.

Avoid:

Picking or scratching your skin may lead to scarring. Allow your skin to heal naturally.

Reschedule Treatments:

Allow 4-6 weeks between UltraClear treatments to allow for skin recovery.

*****IN CASE OF EMERGENCY OR QUESTIONS*****

Call (404) 844-0496 for instructions on contacting Dr. Baucom or Dr. Mina after hours.

Non-Emergency wound care questions: nursing@atlantadermsurgery.com